

Sadists

Thinking Errors of Nonsadistic Sex Offenders

The child wanted me to do those things to him.

He enjoyed it as much as I did.

She knew what he was doing.

She was just a little flirt.

She came on to me.

Sadistic Behavior

"A man shot off a teenage girl's arm for the sexual thrill it gave him."

(Abel, 1981)

Sadistic Behavior

"A rapists of thirteen-year girls preferred to anally rape them on cement floors so that the rapes would be more painful."

(Abel, 1977)

Sadistic Behavior

"A serial killer would smother his wife with a plastic bag until she passed out and then would have sex. He beat her with belts and burned her with cigarettes."

(Groth, 1979, p. 48)

Definition of Sadism

Recurrent, intense sexual fantasies, sexual urges or behavior involving sexual arousal to the infliction of pain or humiliation to another person

Occurred over a period of at least 6 months

Causes subjective distress or impairment in social or occupational functioning

Sadistic Sexual Arousal

Type of Stimuli	Percentage of Full Sexual Arousal
Consenting Sex	17
Rape	61
Nonsexual Violence	79

(Abel, 1977)

Percentage of Sex Offenders Who are Sadists

2 to 5%

(Langevin, 1990)

Sadists Who Murder

Percent

Careful planning	95%
Con in approaching victim	80%
Preselected location	80%
Captivity 24 hours	65%

(Warren, Hazelwood & Dietz, 1996)

Sadistic Sex Offenders

Number of Victims and Acts

N	% of Sex Offenders	Average Number of Victims	Total Acts	Total Victims
28	5	5	3800	132

(Abel, 1987)

Whom Sadists Target

Age of Victims	Percent of Sadists
Adults	87
Adolescents & Adults	9
Children	2

(Freund, 1990)

"First I'm going to torture you in the most horrible and painful manner I can think of. Then I'm going to abuse you sexually in the most degrading way I possibly can think of. Then I'll kill you in the slowest and most painful way I can conceive. . . Do you have any questions?"

(Heilbroner, 1993, p. 147)

"The picture in my mind was one of torturing a victim with everything from matches and cigarette butts to a propane torch, electrical stimulation, needles, and so forth. . . The first victims were female, because I had an impulse to rape and hurt. The last three were female for rape reasons, but with more emphasis on hurting and humiliation. . . And, on a few occasions, there have been concepts of taking a 'dry run' or a practice run using a small child as victim, male or female."

(Groth, 1979, p. 56)

"At no point during the incident was I aware of any anger towards the victim, although I now recognize a resentment or jealousy of girls."

(Groth, 1979)

Typology of Rapists

Opportunistic

Pervasively Angry

Vindictive

Sexual

Sadistic

Non-Sadistic

(Knight, 1990)

Sadists Who Murder

	Percent
Bound, blindfolded or gagged	100
Torture kit	95
Postmortum assault	0
Scripting	70
Sexual ritual	95

(Warren, Hazelwood & Dietz, 1996)

Sadists Who Murder

	Percent
No prior offenses	65
Violent fantasies	80
Violent theme collections	75
Middle class	65
Interest in law enforcement	35

(Warren, Hazelwood & Dietz, 1996)

Sadists: More Vs Less Severe

	More	Less
Married at time of offense	43%	7%
Military experience	33%	0%
Education beyond high school	43%	4%
Reputation as solid citizen	33%	0%

(Gratzer & Bradford, 1995)

Sadists Who Murder

Asphyxiation	60%
Stabbing	30%
Trophies	65%
Recorded Offenses	45%

(Warren, Hazelwood & Dietz, 1996)

Rapists Vs Rape/Murderers

Murderers	Rapists	Rapists/
No childhood peer group	19%	43%
Lives alone	22%	43%
Socially isolated	5%	29%
Few sexual relationships	19%	62%

(Grubin, 1994)

Rapists Vs Rape/Murderers

	Rapists	Rapists/ Murderers
No sex partner year of offense	15%	38%
Bottles temper	18%	38%
Previous rape conviction	17%	39%

(Grubin, 1994)

Female Sadists

"I just can't explain the feeling it gave me. . . You couldn't understand, nothing compares to the high, nothing, no drink, drugs nothing. It's power I think, I feel really strong, powerful and important nothing and no one can hurt me. The high is incredible. There's nothing, there just aren't words to describe it."

(Saradjian, 1996)

Sadistic Women Offenders

N = 36

14 sexually aroused by pain

(Saradjian, 1996)

Partner Indoctrination and Control

5 Phases

- 1) Showering affection/attention
- 2) Sexual activities beyond comfort zone
- 3) Unwanted sexual activities dominate
- 4) Social isolation/control
- 5) Torture/scripting/captivity

(Hazelwood, Warren & Dietz, 1993)

[A man] "must be aware of all this:

- Get his satisfaction early
- Isolate her contacts with others
- Don't let her make any decisions
- Don't let her acquire any skills (working, driving, social skills, etc.)
- Don't let her have any power (bank accounts, ownership, inside information – material for blackmail)."
- Never trust her completely
- Don't 'enlighten' her with knowledge (especially of psychology"

(Michaud, 1994)

- “Always remember that the relationship is temporary+ likewise prepare to ‘cut her loose’ before she does it to you
- Set the ‘price’ higher than needed at first; whip, infidelity, extreme humiliation – then gradually reduce to keep at an adequate level.
- Actively seek a ‘new’ partner when she begins showing signs of rebellion
- Make her more dependent: drugs? Live in country. No phone (or hidden – for my use only) no drivers license, no books (except fantasy) no fancy clothes, no doctors.
- Never show weakness, guilt or insecurity.”

(Michaud, 1994)

Progression of Sadism

Normal fantasies following puberty

Sadistic fantasies begin 1 - 7 years after onset of masturbation
(average = 16)

Behavioral tryouts

(MacCulloch, Snowden, Woods & Mills, 1983)

Cognitive Distortions of Sadistic Offenders

This child is bad, evil, sick or perverted.

She deserves it.

Cognitive Distortions of Sadists

"I think young girls and boys and meant to be sex slaves or sex playthings for adults."

(Letter to fellow pedophile -- in reality, a federal marshal in a sting operation.)